

## What patients have to say...

"Such a comfortable and pleasing treatment with absolutely no complications. Immediately I felt my labia and vulva to be tighter, a lot less saggy, and a definite 'WOW' in the way it looked."

– Patient 1, Red Alinsod, MD

"I notice I am more aroused and more wet and don't need lubrication anymore... now I feel healthier and sexier. I know the radiofrequency has helped both the inside and outside of my vagina."

– Patient 2, Red Alinsod, MD

"I wanted to share with you some additional and very exciting news since you completed my first ThermiVa treatment. My urine incontinence has stopped completely. I have regained the ability to start and stop my urine flow which I have not been able to do for years."

– Patient 3, Red Alinsod, MD

\*Patient quotes: Red Alinsod, MD, FACOG, FACS, ACGE



# THERMiVa®

Reclaim. Restore. Revive.

Ask if  
**THERMiVa®**  
may be right  
for you.



[ThermiVa.com](http://ThermiVa.com)



## Introducing ThermiVa.

Childbirth and the natural aging process cause changes which may affect feminine wellness. A particularly strenuous vaginal childbirth, or multiple births, can cause stretching of the vagina. The effects of menopause can also cause physical and functional changes, such as excessive dryness. Both situations can rob women (and their partners) of their sense of well-being and happiness.



## Start the conversation.

How would you rate your vaginal tightness?

- |                     |                     |
|---------------------|---------------------|
| 1. Very loose       | 3. Moderately tight |
| 2. Moderately loose | 4. Very tight       |

Has your relationship with your partner been adversely affected due to childbirth or the natural aging process?

- |               |               |
|---------------|---------------|
| 1. Definitely | 3. Minimally  |
| 2. Somewhat   | 4. Not at all |

Do you experience discomfort during intercourse due to dryness?

- |          |                    |
|----------|--------------------|
| 1. Yes   | 3. Sometimes       |
| 2. Often | 4. Rarely or never |

How would you rate your level of sexual desire?

- |             |              |
|-------------|--------------|
| 1. Low      | 3. Moderate  |
| 2. Very low | 4. Very high |

How would you rate your sexual satisfaction during intercourse?

- |         |              |
|---------|--------------|
| 1. Poor | 3. Good      |
| 2. Fair | 4. Excellent |

How confident are you about becoming aroused during sexual activity?

- |                        |                        |
|------------------------|------------------------|
| 1. No confidence       | 3. Moderate confidence |
| 2. Very low confidence | 4. Very confident      |

Do you frequently experience urinary leaking or urgency?

- |              |           |
|--------------|-----------|
| 1. Usually   | 3. Rarely |
| 2. Sometimes | 4. Never  |

If you scored a "1" or "2" on any of the questions above, bring this in to your doctor to discuss new treatment options available.

## The science of heat.

ThermiVa treatments use radiofrequency energy to gently heat tissue to rejuvenate collagen, without discomfort or downtime. A recent study documented multiple benefits for patients who complained about vaginal laxity and other issues associated with vulvovaginal youthfulness and well-being.\*

\*Allinsod, Red. "Temperature Controlled Radiofrequency for Vulvovaginal Laxity." PRIME, International Journal of Aesthetic and Anti-Ageing Medicine (July 2015): 16-21. Print.



## Take back control.

Women don't want that out-of-control feeling about their own bodies; especially when it affects the most intimate part of their lives. Relationships can be challenging under the best of circumstances; we don't need our mind and body fighting each other!

## Reclaim. Restore. Revive.

Worldwide, women want to reclaim their younger or "pre-baby" bodies. Restore their well-being. Revive their relationships.

